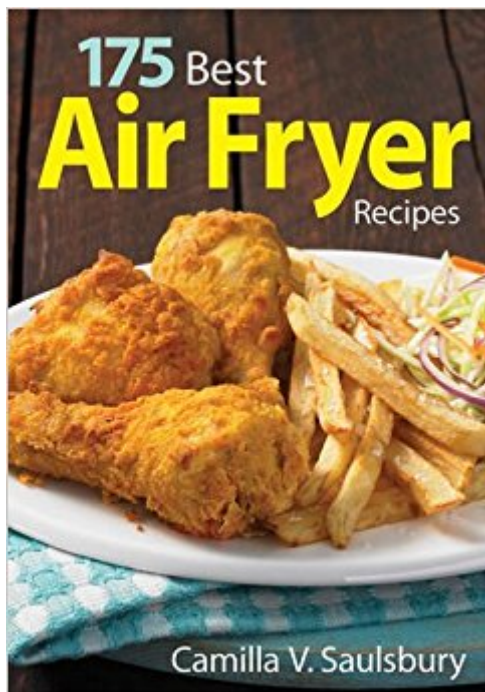


The book was found

175 Best Air Fryer Recipes



Synopsis

Air-frying food is an innovative method of cooking that is incredibly healthy because although it produces crispy and tasty results, it uses very little oil. Enjoy the taste and textures of fried foods without the calories! And although they are called air fryers, they also roast and bake, making them an ingenious and indispensable kitchen appliance. Camilla brings her extensive recipe development skills to this cookbook and has created recipes exclusively designed and guaranteed to perform in an air fryer. There are recipes for every meal of the day and she hasn't forgotten to devote an entire chapter to all time fried favorites. Sample recipes from The Top 20 Fried Favorites section: Classic French Fries, Jalapeno Poppers, Beer Battered Fried Fish, Buttermilk Fried Chicken, Coconut Fried Shrimp, Potstickers, Old-Fashioned Cake Donuts Breakfast and Brunch French Toast Roll-Ups, Irish Oat Scones, Cheese and Cherry Danish, Banana Bread, Crispy Hash Browns, Perfect Granola, French Bacon and Egg Puffs Appetizers and Snacks Macaroni and Cheese Bites, Fried Onion Dip, Light-As-Air-Fried Parmesan Puffs, Bacon-Wrapped Dates, Fried Dill Pickle Bites, No-Kettle Potato Chips Entrees Walnut and Rosemary Fried Chicken Breasts, Beef Empanadas, Fried Oysters, Teriyaki-Glazed Salmon, Beer Batter Shrimp, Italian Sausage and Peppers Vegetables and Sides Rustic Home Fries, Rosemary Parsnip Fries, Crispy Tuscan Artichokes, Fried Green Tomato Sliders, Fried Chickpea Polenta, Zucchini Feta Fritters Desserts Apple Fritters, Flourless Chocolate Fudge Cake, Bananas Foster, Peach Crumble, Fried Oreos, Salted Caramel Corn, Cherry Hand Pies. Camilla also offers up expert advice on an air fryer pantry list, what to look for when buying an air fryer and best practices and guidelines for success making this the definitive cookbook for air frying.

Book Information

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Customer Reviews

Camilla V. Saulsbury is the author of more than 20 cookbooks and is also a freelance food writer, recipe developer, cooking instructor and creator of the healthy cooking blog, powerhungry.com. She's appeared on Today, Good Morning America, The Food Network and in The New York Times.

Really enjoy this book. I know I can always trust her recipes no matter what she is cooking up. I have tried at least 15 so far and plan on a lot more. I like they are simple yet delicious. One of my favorites is the chicken parmisan sliders; page 157. I've made these 4 times so far. Another hit with my husband is the Italias Sausages, Peppers and Onions; page 166.. There were some left over so he took them to work the next day for lunch. He said one of the guys who works there came into his office to see what he had. The guy said it smelled just like the sausages and peppers at the fair. And I can say they taste great. Everything has turned out beautifully and I am eager to try more. I bought two other fryer cookbooks before I got this one. (Forgot to check if Camilla had one on air frying.) I hardly open either one since this one entered my home. I think you will be quite pleased if you perchase this.

So far, this cookbook was exactly what I needed to start enjoying my new air fryer. I'm a vegetarian, and there are many, many recipes in this book that are great for me to try. I used a Blooming Onion recipe on a yellow squash I happened to have, and it was the most delicious, crunchy result I've ever had. You need to be willing to check the times to make sure you don't overcook whatever you're making, but I think that's just a smart way to cook. I'd recommend this book to anyone with an air fryer.

If you have an Air Fryer you need this book. Great fish recipies and easy to make. Like potato wedges, you will love this one. Going to work my way through this book they are that good

Great Air Fryer recipe book. The Air Fryers are wonderful, fast and easy to use and this recipe book has 175 of wonderful recipes in it. We even bought another air fryer to keep in our motor home. Love the book. Well worth the price.

Very easy to follow recipes and to modify to your liking. This book contains recipes that I actually eat or would like to try. I have fix several things and show it to friends with airfryers, who ended up ordering the book.

I actually gave this as a gift but the recipient said they have enjoyed it.

We love our air fryer and use it almost every night. But needed more recipes. Looked at a lot of books and think this is the best.

Love the recipes, can't wait to use them all

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